

A GUIDE TO DENTURES.....

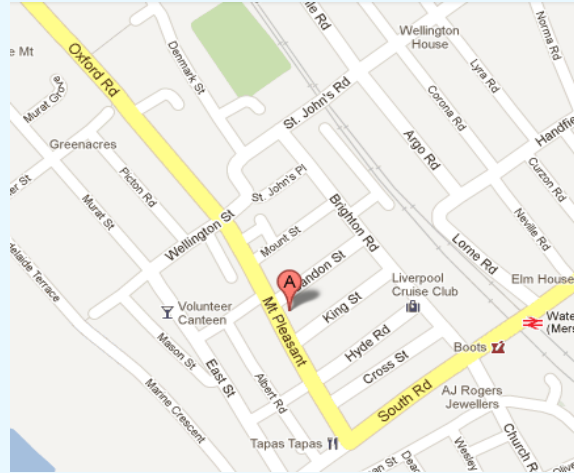
Summary

1. Clean your dentures daily with a denture brush and denture cream.
2. Have your dentures inspected every two years, and re-lined or ultra-sonically cleaned.
3. Have a new set made every 5 years if possible.
4. Keep a spare set for emergencies.
5. Remember, dentures do not have to hurt and do not need to be uncomfortable.
6. With new set of dentures, you should receive a written guarantee, a detailed prescription of the materials used in your dentures, cleaning and servicing instructions, and a cleaning kit.
7. Dentures so life-like you'd think they were real.

Denture care kits are available at Denture cosmetics for only £29



EAT, TALK & SMILE WITH CONFIDENCE...



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Patients who have some of their natural teeth remaining will need to attend a check up appointment with our Dentist partners who will endorse a treatment plan for you. There is an additional charge for this service.

We accept all UK major Credit and Debit Cards



DENTURE COSMETICS

Eat, Talk and Smile with Confidence



YOUR GUIDE TO DENTURES.....

10%off*

**When you purchase a second set of dentures Show this leaflet to a member of staff at Denture cosmetics and receive discount.*

A GUIDE TO DENTURES.....

The Importance of Dentures

The eyes, nose and teeth are the focal points of every face; they give the first impressions of your personality.

Natural teeth grow in proportion and in harmony with your facial features and your dentures should be made accordingly.

Your teeth, or your dentures, have many important functions: to support your facial muscles, to help formulate your speech, and most importantly to chew your food and start the digestive process.

It is very important to chew food properly, as poorly chewed food will take longer to digest, especially for the elderly who could risk problems in the digestive system.



Difficulties in constructing a good set of Dentures

Constructing a functional and aesthetically pleasing set of Dentures is the most difficult task in dentistry. We are not only replacing lost teeth, but also lost tissue matter and bone. In other words, we have to re-create your facial features as they were before the loss of your natural teeth.

In most cases we do not know what your teeth looked like, what size they were or what position they were in originally. We have a few indications but mostly we have to rely on our visual and artistic judgment.

At the same time we have to use our technical expertise in order to make the denture stable and functional. Denture constructions is more art science.

Choice of Dentures

There are three main quality standards in denture materials:

Denture Base Acrylics: standard quality, high impact much stronger non brittle and the latest thermoplastic.

Denture Teeth:: 2-layer acrylic very basic and cheap, 3-layer acrylic re-enforced much harder, 4 -layer composite extra hard and natural looking.

However, good materials on their own will not make good dentures. A skilful and experienced clinician and technician like Pete Mott (Denture Cosmetics) are required. The best results are achieved when the whole job is done by the same person.



Removal partial dentures

It was long thought that removable partial dentures had to be rigid to be effective. The innovation of the Valpast flexible partial denture allows the appliance to adapt to the constant movement and flexibility in your mouth.

The preparation is relatively simple as your natural teeth don't need to be altered. The Valpast flexible partial Denture is virtually invisible, no telltale metal clasps and the material itself blends with the tissue in your mouth so that the only thing that shows is your beautiful smile.

How long should Dentures Last?

The question we should ask is, how long will my dentures be functional for? Dentures can last twenty or more years, but will lose their function (chewing ability, proper fit etc.) probably after two years. This will depend on many factors:

1. **Quality of dentures.**
2. **Age of Patient.**
3. **General health of patient.**
4. **Any drastic change in weight.**

Dentures Need Regular Servicing

Dentures are in constant use almost 24 hours a day, 365 days a year. They are also in a pretty hostile environment in the mouth, being attacked by strong acid, bacteria, hot, cold and spicy food. Denture materials absorbs liquids and food odour.

Daily cleaning is essential as well as professional ultrasonic cleaning in a dental laboratory at least once a year. Due to constant bone resorbtion dentures will become loose sooner or later.

Loose dentures will increase damage to the gums and bone structure, and increase the risk of breakage. Have them re-lined as soon as possible to get a good fit. It only takes a day or two.

Have your dentures inspected by Denture Cosmetics at least every two years, or more frequently if necessary.

Your Dentures need Attention

1. When they become loose.
2. When teeth or denture base discolors.
3. When tooth surfaces become flat.
4. When denture base does not fit around natural teeth (in partial dentures.)
5. When you develop deep lines around your mouth.
6. When your chin sticks out, and the corners of your lips are constantly wet, developing sores.
7. When you stop smiling and feel embarrassed.

Loose Dentures

Can be re-lined by adding a thin layer of the new acrylic to fit the surface of the dentures, making them fit better (takes one or two days).

Dentures with worn down teeth

Denture cosmetics can replace teeth with a new set.

Major improvements in facial features

Padding dentures to reduce lines and fill up sunken cheeks will require a new set of dentures. It is advisable to have a new set of dentures made every 5 to 10 years.

Should I have a spare set of Dentures made?

Yes, it is very important to have a spare set of dentures for emergencies in case of breakage.

Where do I go to have a good set of Dentures made?

DENTURE COSMETICS

Denture cosmetics owner Pete Mott will take the greatest care to make your dentures look natural and fit properly. He can give you and your dentures the time and attention you deserve.

